

ASSOCIATE IN EXERCISE SCIENCE

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AES (Program Code 309)

A student's placement on this program map is contingent upon meeting prerequisite or other academic requirements.

YEAR 1

SEMESTER 1 — FALL CREDITS

FYS 101: First Year Seminar	1 cr.
ENGL 151: Freshman Composition	
or ENGL 151H: Freshman Composition-Honors.....	3 cr.
PEHL 151 Kinesiology	3 cr.
BIOL 101: Biological Science	
or BIOL 110: Principles of Biology: Cellular	
or CHEM 110: General Chemistry 1	
(See NOTE 1).....	4 cr.
PSYC 201: Intro to Psychology	3 cr.
or PSYC 201H: Intro to Psychology-Honors.....	3 cr.

SEMESTER TOTAL MINIMUM CREDITS: 15

SEMESTER 2 — SPRING

BIOL 101: Biological Science	
or BIOL 109: Principles of Biology: Organismal	
or CHEM 110: General Chemistry 1	
(See NOTE 1).....	4 cr.
MATH 125: College Algebra	
or MATH 127: Advanced College Algebra	
or MATH 130: Statistics.....	3-4 cr.
COMM 110: Intro to Communication Studies.....	3 cr.
PEHL 140: Healthy Lifestyle Practices.....	2 cr.
Program Elective (LIST A)*	3 cr.

SEMESTER TOTAL MINIMUM CREDITS: 15

SEMESTER 3 — SUMMER

HUSE 230: Nutrition (See NOTE 2)	
or PEHL 200: Sports Nutrition	3 cr.

SEMESTER TOTAL MINIMUM CREDITS: 3

YEAR 2

SEMESTER 4 — FALL

BIOL 210: Human Anatomy	4 cr.
MTA Humanities and GE PCE Core or Applied	
(Choose 1 from LIST B)	3 cr.
MTA Social Science (Choose 1 from LIST C)	3 cr.
Program Elective (LIST A)*	4 cr.

SEMESTER TOTAL MINIMUM CREDITS: 13

SEMESTER 5 — SPRING

BIOL 202: Human Physiology.....	4 cr.
PEHL 250: Foundations of Exercise Science.....	3 cr.
Humanities and GE PCE Core or Applied	
(Choose 1 from LIST D)	3 cr.
Program Elective (LIST A)*	4 cr.

SEMESTER TOTAL MINIMUM CREDITS: 14

Finished! Total credits: 61

This map represents a recommended sequence.

IMPORTANT NOTES:

Students should seek an appointment with an Academic Advisor to determine courses which best meet individual academic goals and to discuss transfer options including verification of courses towards the completion of the Michigan Transfer Agreement (MTA). Students must complete a minimum of 60 credits in approved courses to earn a degree at Kellogg Community College with a minimum cumulative grade point average of 2.0 or higher. Contact Academic Advising at kellogg.edu/advising or call **269-965-4124**.

High School Dual Enrolled and Early College students should contact the Admissions Office at dualenrollment@kellogg.edu or call **269-565-2042**. Additional Early College program map option are available at kellogg.edu/admissions/earlycollege.

Service-learning endorsement is required! Additional required degree criteria is listed in KCC's Academic Catalog under degree and certificate requirements.

Contact the Math and Science Department at **269-660-2337** for more information.

ELECTIVES LIST

LIST A: BIOL 205, CHEM 111, CHEM 210, PE 131, PE 135, PE 171, PE 195, PEP 205, PEP 265, PHYS 111, PHYS 112

LIST B: ART 210, ART 211, ART 212, ART 213, ART 214, HUMA 151, LITE 105, MUSI 211, PHIL 230, SERV 200, SERV 200H, THEA 121

LIST C: ANTH 200, ECON 201, ECON 202, HIST 103, HIST 103H, HIST 104, HIST 104H, HIST 106, HIST 151, HIST 151H, HIST 152, HIST 152H, HIST 201, HIST 202, HIST 210, HIST 211, HIST 212, HIST 240, HIST 250, HIST 260, HIST 265, PHIL 201, PHIL 201H, PHIL 202, POSC 201, POSC 201H, POSC 202, POSC 210, POSC 211, SOCI 201, SOCI 201H, SOCI 202, SOCI 205, SOCI 206

LIST D: ART 210, ART 211, ART 212, ART 213, ART 214, HUMA 151, LITE 105, LITE 205, LITE 206, LITE 211, LITE 212, LITE 213, LITE 223, LITE 230, LITE 285, MUSI 130, MUSI 141, MUSI 211, MUSI 240, MUSI 250, PHIL 230, PHIL 240, SERV 200, SERV 200H, SPAN 101, SPAN 102, SPAN 201, SPAN 202, THEA 121

NOTE 1: Students should consult their Academic Advisor for help with selecting the BIOL course option that is most appropriate for their intended transfer program. BIOL 110 is only offered in Fall, and BIOL 109 only in Spring, so students will take CHEM 110 in the alternate semester.

NOTE 2: HUSE 230 is typically offered during the Summer session.

*Students should work with an Academic Advisor to choose PE classes based on transfer and individual academic goals.

Information contained in the mapping document is to the best knowledge of Kellogg Community College staff, considered correct when published. This mapping document should not be considered a contract between Kellogg Community College and any student.