



## October 2025

### Upcoming Dates and Deadlines

**October 3, 2025**

Women's Soccer game at 1pm

**October 11, 2025**

Women's Soccer game at 1pm

**October 14, 2025**

Women's Volleyball game at 6:30pm

**October 21, 2025**

Women's Volleyball game at 6:30pm

**October 24, 2025**

Women's Volleyball game at 6:30pm

**October 28, 2025**

Women's Volleyball game at 6:30pm

**October 27, 2025**

Spring 2026 Registration Opens

**October 29, 2025**

## Bruin Boo

**October 30, 2025**

Women's Volleyball game at 6:30pm

# Supporting Your Student During Midterms

October is the mid-way point of the Fall semester and midterms are just around the corner.

Midterms are often the first big test of a student's college experience. For many first-semester students, this can feel stressful and overwhelming. Families play an important role in helping students get through this busy time.

Here are a few simple ways you can support your student:

- **Listen and Encourage:** Remind your student that it's normal to feel stressed. Offer a listening ear and encouragement.
- **Promote Healthy Habits:** Encourage them to get enough sleep, eat balanced meals, and take breaks. Small routines make a big difference.
- **Ask About Resources:** Suggest that your student reach out to their professors, tutors, or academic advisors if they need help. KCC has many free resources to support success.
- **Celebrate Effort:** Remind your student that effort matters as much as grades. Celebrate the work they are putting in, not just the results.

Your support can help your student feel less alone and more confident as they move through their first round of college exams.

## Bruin Boo

**Wednesday, October 29**

**6:30pm - 8:00pm**

Bruin Boo is a family-friendly free event for kids of all ages held annually on KCC's campus at 450 North Ave., Battle Creek. Trick or Treat at KCC and

enjoy free games and activities!

## **Academic Advising at Kellogg Community College**

Starting college is an exciting time, but it can also feel overwhelming. At Kellogg Community College (KCC), the Academic Advising Department is here to help students find their way.

Advisors are trained professionals who work with students to choose classes that fit their goals. Whether a student wants to earn a degree, transfer to a university, or build career skills, an advisor helps create a plan that makes sense. Advisors also guide students on important steps such as understanding degree requirements, staying on track for graduation, and connecting with other campus resources when needed.

Students are encouraged to meet with their advisor each semester before registering for classes. This helps prevent mistakes, saves time and money, and keeps students moving toward their goals.

Parents can support their student by reminding them to schedule advising appointments early and by encouraging them to ask questions.

### **Academic Advising Website**

## **How to schedule an appointment with an Academic Advisor...**

Students have three options for scheduling an appointment:

1. Current students can schedule an appointment with Starfish, accessible via the Bruin Portal.
2. Call the Academic Advising Office at 269-965-4124.
3. Stop by the Academic Advising Office and schedule an appointment for a future date and time.

## **Quick Tips for Parents: Academic Advising at KCC**

- **Meet Every Semester:** Encourage your student to schedule an advising appointment before registering for classes.
- **Stay on Track:** Advisors help students choose the right courses for their degree or transfer goals.
- **Ask Questions:** Remind your student that advisors are there to answer questions and connect them to campus resources.

The Parents and Family Newsletter is  
sponsored by the Admissions Office

269-965-4153

[adm@kellogg.edu](mailto:adm@kellogg.edu)