

ASSOCIATE OF APPLIED SCIENCE EXERCISE SCIENCE

kellogg.edu

AAS (Program Code 209)

A student's placement on this program map is contingent upon meeting prerequisite or other academic requirements.

YEAR 1

SEMESTER 1 — FALL	CREDITS
FYS 101: First-Year Seminar.....	1 cr.
ENGL 151: Math for Liberal Arts or ENGL 151H: Freshman Composition-Honors	3 cr.
PEHL 150: Survey of Kinesiology	1 cr.
BIOL 110: Principles of Biology: Cellular	4 cr.
PSYC 201: Intro to Psychology	3 cr.
or PSYC 201H: Intro to Psychology-Honors.....	3 cr.
PE Elective (List C)*	3 cr.

SEMESTER TOTAL MINIMUM CREDITS: 15

SEMESTER 2 — SPRING

CHEM 110: General Chemistry 1.....	4 cr.
MATH 125: College Algebra.....	4 cr.
COMM 110: Intro to Communication Studies.....	3 cr.
PEHL 200: Sports Nutrition or PEP 205: Personal Training	3 cr.
PEHL 140: Healthy Lifestyle Practices.....	2 cr.

SEMESTER TOTAL MINIMUM CREDITS: 16

SEMESTER 3 — SUMMER

HUSE 230: Nutrition (See NOTE 1)	3 cr.
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SEMESTER TOTAL MINIMUM CREDITS: 3

YEAR 2

SEMESTER 4 — FALL

BIOL 201: Human Anatomy	4 cr.
HUMA 151: Encounter with the Arts	3 cr.
PEP 265: Principles of Coaching.....	3 cr.
PE Elective (List C)*	1 cr.
MTA Humanities and GE PCE Core or Applied (Choose 1 from List A)	3 cr.

SEMESTER TOTAL MINIMUM CREDITS: 14

YEAR 2

SEMESTER 5 — SPRING

BIOL 202: Human Physiology.....	4 cr.
PEHL 250: Foundations of Exercise Science.....	3 cr.
MTA Social Science (Choose 1 from List B)	3 cr.
PE Electives (List C)*	3 cr.

SEMESTER TOTAL MINIMUM CREDITS: 13

Finished! Total credits: 61

This map represents a recommended sequence.

IMPORTANT NOTES:

Students should seek an appointment with an academic advisor to determine courses which best meet individual academic goals and to discuss transfer options including verification of courses towards the completion of the Michigan Transfer Agreement (MTA). Students must complete a minimum of 60 credits in approved courses to earn a degree at Kellogg Community College with a minimum cumulative grade point average of 2.0 or higher. Contact Academic Advising at kellogg.edu/advising or call **269-965-4124**.

High School Dual Enrolled and Early College students should contact the Admissions Office at dualenrollment@kellogg.edu or call **269-565-2042**. Additional Early College program map option are available at kellogg.edu/admissions/earlycollege.

Service-Learning endorsement is required! Additional required degree criteria is listed in the KCC Academic Catalog under degree and certificate requirements.

Academic Department Contact Information:

Contact the Math and Science Department at **269-660-2337**, for more information.

ELECTIVES LISTS

LIST A: ART 211, ART 212, ART 213, ART 214, LITE 105, LITE 205, LITE 206, LITE 211, LITE 212, LITE 213, LITE 217, LITE 223, LITE 230, LITE 285, MUSI 211, PHIL 230, PHIL 240, SERV 200, THEA 121

LIST B: ANTH 200, ECON 201, ECON 202, HIST 103, HIST 103H, HIST 104, HIST 104H, HIST 106, HIST 151, HIST 151H, HIST 152, HIST 152H, HIST 201, HIST 202, HIST 210, HIST 211, HIST 212, HIST 240, HIST 250, HIST 260, PHIL 201, PHIL 201H, PHIL 202, POSC 201, POSC 201H, POSC 202, POSC 210, POSC 211, SOCI 201, SOCI 201H, SOCI 202, SOCI 205, SOCI 206

LIST C: PE 130, PE 131, PE 134, PE 135, PE 164, PE 165, PE 170, PE 171, PE 176, PE 177, PE 194, PE 195

NOTE 1: HUSE 230 is typically offered during the Summer session.

*Students should work with an Academic Advisor to choose PE classes based on transfer and individual academic goals.

Information contained in the mapping document is to the best knowledge of Kellogg Community College staff, considered correct when published. This mapping document should not be considered a contract between Kellogg Community College and any student.