

Kellogg Community College  
Continuing Education Lesson Plan

Topic: Patient Handling

Presenter: Accreditation Approved Kellogg Community College EMS Instructor

Date: Accreditation 2018 - 2021

Credit Category: Preparatory  
Specific Topic: Patient Handling  
License Level: MFR, EMT - Basic, EMT – Specialist, Paramedic  
Time: One Hour, Two Hours, Three Hours, Four Hours  
Credits: 1 2 3 4

Format: Lecture  
May use PowerPoint Presentation  
Practical  
Scenario Based, Skills

Objectives: The participant of the CE session will:

1. Review proper stretching techniques for the rescuer
2. Review proper body mechanics for lifting techniques
3. Review ways to lift and move patient
4. Review proper use of Cot, Stair Chairs, Backboards

Outline for Lecture and Practical Presentation:

- I. Introduction, Paperwork, Agenda
- II. Lecture Presentation: stretching techniques
- III. Body Mechanics, lifting and moving
- IV. Practical Presentation: Scenarios using Cot, Stair Chair, Wheelchair, Backboards
- V. Showing use of proper lifting and moving techniques
- VI. Summary and Questions

Student Evaluation Method:  
No formal evaluation of participant will occur

Evaluation of Presentation:  
Standard Kellogg Community College Evaluation form will be filled out by participants

Rationale for Presentation:  
To educate the participant in the proper lifting and moving of patients